



Sexuality, Gender Identity and Belief: The Leicester Approach



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Sexuality, Gender Identity and Belief: The Leicester Approach



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Director – St Philip's Centre

Safe Space Agreement

All delegates and speakers attending this event should be **free from intimidation or harassment, resulting from prejudice or discrimination** on the grounds of age, disability, marital or maternity/paternity status, race, religious beliefs, sexual orientation, gender identity, trans status, socio-economic status, or ideology or culture, or any other form of distinction.



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Trade Sexual Health Local HIV Prevention and Sexual Health Promotion Charity



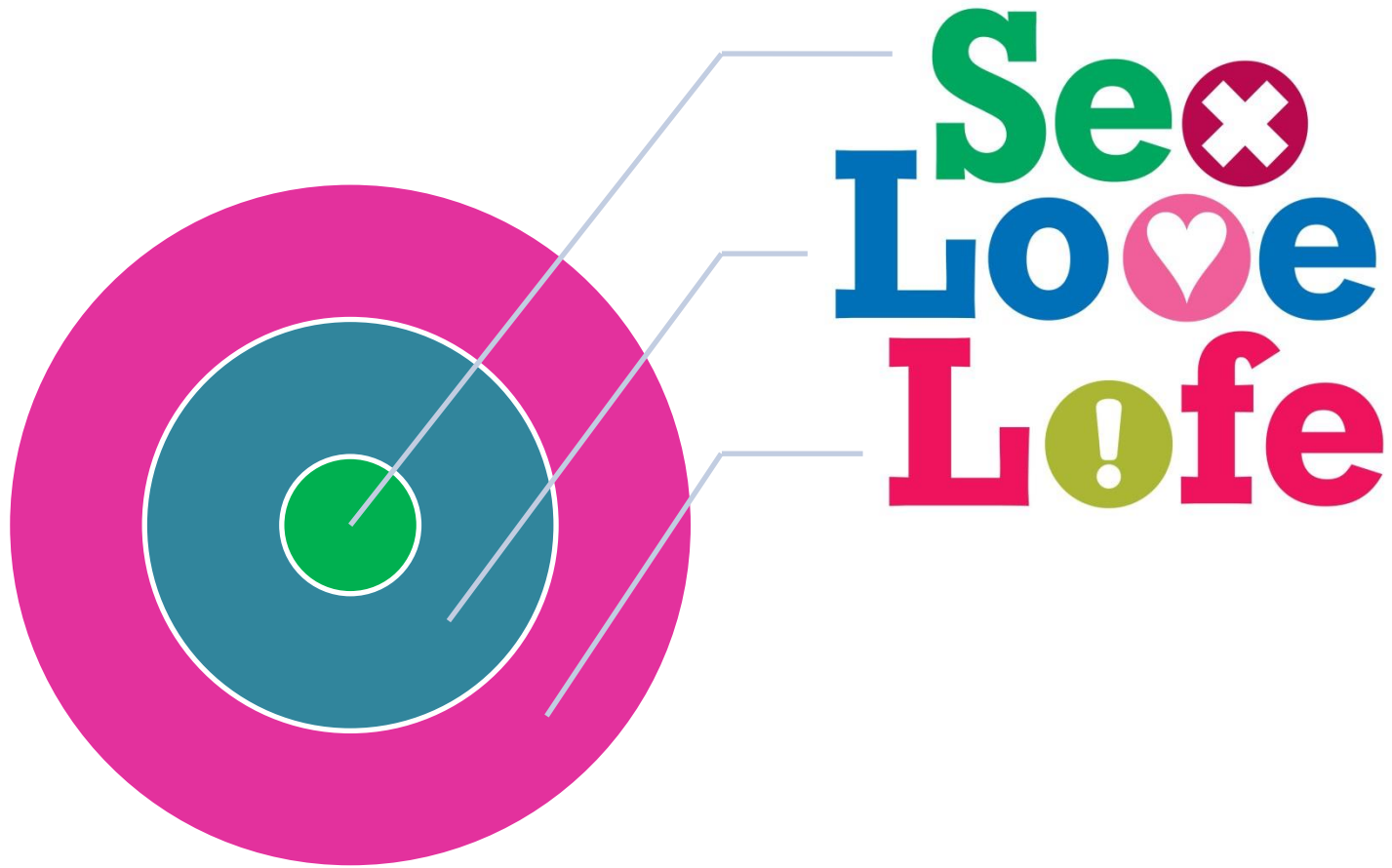
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Our Strategy



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Sex

At the core of Trade's work is good Sexual Health

A state of physical, emotional, mental and social well being related to sexuality.

It is not merely the absence of disease, dysfunction or infirmity. Sexual health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, discrimination and violence.

For sexual health to be attained and maintained, the sexual rights of all persons must be respected, protected and fulfilled.

Working definition from World Health Organisation website



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Love

How you love yourself and your place in the community -
Targets poor mental health as a significant contributor to
health inequality.

By focussing on positive social interaction, help-seeking
behaviours and self worth, we aim to lessen isolation, improve
community safety and develop service users' social, emotional
and psychological wellbeing.



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L!ofe

Recognise wider health issues, knowing that LGB&T communities have, for example, higher rates of smoking, alcohol and other substance misuse than their heterosexual counterparts.

We look at our users' needs holistically and offer services that understand their complex lives.

Although a small agency ourselves, by working with partners to focus on wider health needs, we will improve users' physical and mental health and wellbeing.



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Three main areas of focus:

1. Delivery of experienced-based education and training
2. Resourcing and equipping those at the grassroots
3. Developing and supporting those within positions of influence at all levels, especially, but not exclusively, within the Church and other faith communities



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Overall aim is of “Learning to Live Together”

1. Encounter: between individuals and groups that is meaningful and sustained
2. Understand: of different worldview and perspectives, including disagreement as mature adults
3. Trust: between those who do not necessarily agree on everything
4. Co-operate: in order to tackle area of common concern



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- South Asian Support Work – exploring ideas of how to best support South Asian LGB&T communities who also have a faith/belief
- Opportunity with Leicester City Council's Community Engagement Fund to broaden and include all LGB&T communities



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Aims and objectives of this project

- To recognise LGB&T people of faith/belief
- To show how faith communities in Leicester include LGB&T people of faith
- To acknowledge the convictions of those struggling to accept LGB&T people of faith/belief
- To increase resilience between faith/belief communities and LGB&T communities
- To support LGB&T people of faith/belief in order to reduce negative impacts on their health and well-being
- To improve levels of community cohesion and integration.



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What will be happening today?

- 11:30am Dr Sarah-Jane Page
Religion, Youth and Sexuality research project
- 12:15pm Comfort break
- 12:30pm Matthew Mahmood-Ogston
Naz & Matt Foundation
- 1:00pm Leicester LGB&T people of faith experiences
and stories
- 1:15pm Lunch and networking
- 2:00pm Facilitated conversations
(remember your colour – pink, blue, yellow)
- 2:45pm Closing remarks & the next stages in the project
- 3:00pm Close



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SAFE SPACE
FOR EVERYONE**



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- . race,
- . religious beliefs,
- . sexual orientation,
- . gender identity,
- . trans status,
- . socio-economic status, or;
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What's happening next?

- Closed shared conversations
 - January-April 2017
- Surveys for faith community leaders
 - January-April 2017
- Development of LGB&T people of faith local toolkit for faith communities and community leaders
 - May-August 2017
- Local toolkit launch
 - August/September 2017



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final
thoughts



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Opening Times:

Mon to Thurs: 9:30 - 5:30
Friday: 10:00 - 4:00

Registered charity number: 1081552



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Opening Times:

Mon to Fri: 9:30am – 5:00pm

Registered charity number: 1114686



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